



## **Good Faith Estimate & No Surprises Act Notice**

### **Your Rights and Protections Against Surprise Medical Bills**

Effective January 1, 2022, under the No Surprises Act, you have the right to receive a Good Faith Estimate explaining the expected costs of your mental health care services. This law is designed to protect individuals from unexpected medical bills and applies to self-pay clients who are not using insurance for services.

### **Good Faith Estimate**

Under the law, health care providers are required to provide an estimate of the expected charges for services to self-pay or uninsured clients. The estimate should include:

- A clear breakdown of expected costs for therapy services.
- An estimate provided in writing at least one business day before your scheduled appointment if requested.
- The understanding that actual charges may vary if your treatment needs change, but that you will be notified of any significant changes in costs.

You have the right to dispute a bill if it is at least \$400 more than your Good Faith Estimate. To initiate a dispute, you must contact the U.S. Department of Health & Human Services (HHS) within 120 days of receiving your bill.

### **Fees for Services at Elysium Mental Health, LLC**

At this time, Elysium Mental Health, LLC does not accept insurance. Clients are responsible for the full session fee at the time of service. You may request a Superbill for potential reimbursement from your out-of-network (OON) provider, but reimbursement is not guaranteed.

- Standard Session Fee: \$130 per 50-minute session
- Cancellation Policy: Appointments canceled with less than 24 hours' notice will incur a \$75 cancellation fee.
- Returned Payment Fee: A \$25 fee will be assessed for any returned payments.

## ~~Your Responsibilities & Acknowledgment~~

~~By receiving services from Elysium Mental Health, LLC, you acknowledge:~~

- ~~• It is your responsibility to ensure timely payment for services.~~
- ~~• You understand that Elysium Mental Health is not responsible for any reimbursement denials from your insurance provider.~~
- ~~• You may request a Good Faith Estimate in writing at any time.~~

## ~~Ensuring Privacy & Security for Telehealth Services~~

~~Elysium Mental Health makes all efforts to use HIPAA compliant secure software for telehealth sessions. However, telecommunications technology is not without risks. You acknowledge that:~~

- ~~• You are responsible for ensuring a private and secure location for your telehealth sessions.~~
- ~~• While HIPAA compliant platforms are used, absolute security cannot be guaranteed.~~
- ~~• Elysium Mental Health is not liable for any security breaches outside of our secure portal.~~

~~For questions, concerns, or to request a Good Faith Estimate, contact:~~

~~Lisa M. Munoz, LMHC, Practice Owner~~

~~Email: [admin@elysiummentalhealth.org](mailto:admin@elysiummentalhealth.org)~~

~~Phone: 219-649-1183~~

~~For more information about your rights under the No Surprises Act, visit:~~

~~[www.cms.gov/nosurprises](http://www.cms.gov/nosurprises)~~

~~By signing below, you acknowledge that you have read, understand, and agree to the terms outlined in this notice.~~

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